



Six Days in the Patagonian Rainforest **Sunday, 12th March - Saturday, 18th March**

Introduction

When emotional connections with nature are created and strengthened, personal development is enhanced. Our program “Six Days in the Patagonian Rainforest” for Nido’s 2023 Week Without Walls centers on excursions through the wooded trails of Katalapi Park, a Nature Sanctuary recognized by the Chilean government for its contributions to education, science and conservation. In this private conservation area in northern Patagonia, we offer a week of physical, mental and spiritual immersion and challenge in nature. Our program of environmental education includes many fun experiences and fosters curiosity, collaborative experiences and inner peace.

Katalapi Park is located in the first part of Chile’s Carretera Austral (Southern Highway), just 18.5 kilometers from Puerto Montt, the capital city of the Los Lagos region.

During our week-long program, students will work in teams to explore the temperate rainforest, stopping at work stations amidst the trees, fields and wetlands to observe, analyze and explore the relationships between structure and function in nature. Based upon these activities, they will reflect and analyze the relationships between and among human beings, individually and as a society, and discuss how their insights might orient their actions in future.

Our program lasts 7 days, including the round-trip flight between Santiago and Puerto Montt. It includes 6 days of activities in Katalapi Park and 1 day of excursions outside the park, to visit a biotechnology company created by a Nido alumna and a trip to the iconic Osorno volcano to learn about the history, culture and geography of the Lakes region.

The infrastructure at Katalapi Park is designed for groups of up to 22 people and we have considerable experience hosting this number of people. There are 2 rustic cabins with heating, bunk beds in shared rooms, common rooms, shared bathrooms with hot water and showers, a dining room, 2 open-roofed terraces, several kilometers of especially designed trails, and a recreation area. Our trails are safe, with no special hazards and thus minimal risk to visitors.

The learning objectives established by Nido de Águilas are very much in line with the objectives we establish for the school visits that we regularly receive. Using the methodology of the Experiential Learning Cycle in the context of the UN’s Sustainable Development Goals, we guide experiences of contact and immersion in nature, subsequently facilitating reflection upon the social, environmental and economic impact of humans, both individually and as societies.

History of Katalapi Park

Katalapi Park began as an initiative of the Corcuera-Vliegenthart family nearly 30 years ago, with the purchase of 24 hectares of forest land degraded by agricultural and forestry exploitation. Its mission has always been to develop and implement Outdoor Environmental Education and support scientific research projects within the context of restoration and conservation of the temperate rainforest – an ecosystem in peril throughout the world.

The Park has been managed by a not-for-profit foundation since 2019. Our principal source of financing is the sale of educational services: workshops for adults in science and environmental education, national and international tours by student groups, half-day visits by schoolchildren, a summer camp, and teacher training activities. Our staff consists of professionals trained to lead our programs.

For more information about our activities: <https://www.parquekatalapi.cl/> @parquekatalapi



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PROGRAM

Each day	Wake up: 7:00 Breakfast: 8:00 Activities: 9:00 - 12.30	Lunch 12:30 - 14:00 Activities 14:00 – 18:30	Dinner: 19:00 Activities: 20:00 - 22:00 Bedtime: 22:00
Day 1	Flight Santiago - Puerto Montt	Welcome, installation in cabins, introduction, norms and expectations. Receive journals	Night-time outing, fire pit and conversation. Journal entry #1
Day 2 CONNECTING	Brief exercises to promote nature connection. Ppt: Our brains and the six basic emotions. Team challenge #1: "Hiking with All My Senses"	Team challenge #2: "Katalapi Treasure Hunt." Journal entry #2. Free time: 1 hour	Spirit animals Fire pit and music
Day 3 Learning objective: CONNECTING	Morning Yoga. Review of days 1 & 2. Presentation: The adolescent brain, emotion, attention and memory. Excursion: "So Many Lives in Just One Coigue"	Excursion in teams "Alerces, History, Emotions and More" Journal entry #3 on what was learned during the day. Free time: 1 hour	Presentation: History and culture: myths and legends. Music of Chiloé
Day 4 Learning objective: CONNECTING AND EXPLORING	Morning Yoga. Review of days 1, 2 & 3. Presentation: Sustainable development and values. Teamwork in 5 teams: 1. Improve trails 2. Fertilize alerces 3. Cooking 4. Create puppets 5. Audiovisual recording.	Art and Nature Landscape interpretation in teams: choice of sculpture, storytelling, poems, mandalas, Land Art, Videos, etc. Journal entry #4 on what was learned during the day. Free time: 1 hour	Geography: The Lakes region, centered on the Osorno Volcano. Preparation for excursion: backpacks and picnic.
Day 5 Learning objective: CONNECTING, EXPLORING AND BEHAVIOR	Excursion: Visit to Patagonia Biotechnology, "Endeavor" startup founded and run by Nido alumna Rebeca Galvez. Trip to Osorno Volcano.	At Volcano: Visitor Center and descent into caves. Picnic lunch, exploration on the "Solitary" trail. Landscape interpretation. Return to Katalapi Park.	Dinner Journal entry #5 on what was learned during the day.
Day 6 Learning objective: CONNECTING, EXPLORING AND BEHAVIOR	Morning yoga. Participatory recap of previous days. Fieldwork: Development of scientific abilities: Inquiry cycles in teams: Terrestrial ecosystems (2 sectors of the forest) and Aquatic ecosystems (river and wetland)	Preparation for the Scientific Congress. Presentations to the Congress: observations, results, conclusions, extrapolation to social and personal spheres and personal actions. Journal entry #6: Lessons of the day.	Nocturnal excursion
Day 7 Learning objective: CONNECTING, EXPLORING AND BEHAVIOR	Morning yoga. Cosmic Walk Forest Bathing 2 hours	Pack, tidy up. Feedback circle, review of expectations, closing dynamics.	Flight to Santiago at approx 18h TERMINATION OF SERVICE



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Students will have a “Nature Journal” for recording their observations and notes about the ecosystem; but also for recording personal learning: emotions, values, priorities and behaviors that contribute to the formation of citizens who care for nature and their society.

Important: Program rules do not permit free use of cell phones; however, cell phones are permitted every day between 19 – 20h.

The Katalapi Park Foundation will send a daily report to parents regarding each day’s events.